

2024

TENNESSEE SENIOR OLYMPICS

STATE FINALS



OUT-OF-STATE Athletes allowed in certain sports. See article inside for more information.

Eligibility requirements on page 2 Athletes must turn 50 by 12/31/2024.

BRAND NEW ATHLETES receive a one-time, first-time participant exemption and are eligible to compete in the 2024 State Finals.

- Golf:** June 18-20, 2024 - Henry Horton Golf Course
 - State Finals:** June 21- 27, 2024 • Williamson County (all sports except cycling and pickleball)
 - Pickleball:** August 7-11, 2024 • Chattanooga Convention Center
 - Cycling:** September 21, 2024 • Strawberry Plains, TN
- DEADLINES:**
JUNE EVENTS: MAY 10
PICKLEBALL: JULY 19
CYCLING: AUG 30

Presented by:  of Tennessee

ONLINE REGISTRATION AVAILABLE- VISIT www.tnseniorolympics.com

The 44th Annual Tennessee Senior Olympics is a sports competition for athletes 50 and older that combines a wide range of competitive activities. Residents from 10 District/Metropolitan areas across the state will be competing. The mission of the Senior Olympics is to promote healthy lifestyles for seniors through fitness, sports, and an active involvement in life.

REGISTRATION INFORMATION

ARE YOU ELIGIBLE FOR THE STATE FINALS?

Please review the checklist below:

1. Did you participate in a district event last fall or recently in Chattanooga? Many of our state sports require district participation. If so, you are eligible to register.

NOTE: If your area did not host a district or your sport was not offered at your district, you are eligible to register.

2. Are you an open sport athlete? If so, district participation is not required, and you are eligible to register. Open sports include:

Archery, Basketball 3x3, Cornhole, Cycling, Disc Golf, Golf Scramble, Pole Vault, Racquetball, Road Races (1 mile Run/5K/10K), Softball, Triple Jump, Volleyball, Walks-1500m Power Walk; 1500m Race Walk, 5K Race Walk, Any sport not offered at your district.

3. Are you a first-time TN Senior Olympic athlete (never participated in a district or state event before)? You are permitted a one-time waiver from district participation and are eligible to register.

OUT-OF-STATE ATHLETES ALLOWED IN CERTAIN SPORTS

The TSO Board of Directors adopted the following rule in 2023:

The sports of: archery, basketball, cycling, racquetball, softball, volleyball will be open to out-of-state residents with TN athletes receiving priority registration. Out-of-staters may register starting April 15 as long as capacity has not been reached.

Please spread the word to teams you might know in other states. In addition, cycling, racquetball, and archery out-of-staters will be welcomed as well.

HOW DO I REGISTER?

ONLINE-To register online, go to www.tnseniorolympics.com
OR

MAIL-Fill out the entry form. (Note: team captains must submit/mail all applications and a roster in together). If a roster is not submitted, then your team will not be registered until it is received.

Presenting Sponsor:



of Tennessee

Title Sponsors:

WILLIAMSON COUNTY
PARKS & RECREATION

Franklin
TENNESSEE

Also Sponsored By:



WILLIAMSON
HEALTH



CHATTANOOGA
SPORTS

RACE DAY EVENTS

Make check payable to 'TN Senior Olympics' and mail to:
TN Senior Olympics • PO Box 681 • Mt. Juliet TN 37121

WILL I RECEIVE A REGISTRATION CONFIRMATION?

Yes. Confirmations are sent by email. Please provide an email address or one of a friend or family member. It is important for someone to view your sports/events to ensure everything is correct.

ADDITIONAL information can be found at www.tnseniorolympics.com.

WHAT TIME WILL I BE SCHEDULED TO PLAY ON THE DAY MY SPORT IS HELD?

Bracketed sports times cannot be determined until all entries have been received and numbers analyzed. Some age groups may not start until later in the day. Starting times per age group will be posted on the website a week before state finals. Start times for non-bracketed sports such as swimming and track are included on the schedule (enclosed in this brochure).

HOW CAN I FIND A PARTNER OR TEAM?

We have a real-time link available online 24/7 to show athletes who are looking for partners or teams. Please go to our website, www.tnseniorolympics.com, to fill out a request or view the information.

HOTEL INFORMATION

Please check our website at www.tnseniorolympics.com for hotel information. Click "State Finals" and then "Hotel Information".

HALL OF FAME DINNER AND CEREMONY

Monday, June 24 • 6:00 pm

Williamson County Enrichment Center
110 Everbright Lane • Franklin, TN 37064

Join us for dinner as we celebrate those being inducted into the Tennessee Senior Olympics Hall of Fame! After the meal, a special program will be held including awards, speeches, and a slideshow.

As the venue is limited in space and to allow for family and friends of the inductees, tickets will be limited to the first 75 people.

Cost: \$15

2025 NATIONALS

New Qualifying Cycle!

THE ROAD TO DES MOINES

The 2024 Tennessee Senior Olympics State Finals events will serve as qualifying opportunities for the 2025 Nationals. Please reference the first article in this newsletter above for state dates and eligibility.

Top finalists at our state finals events will qualify for the 2025 National Senior Games scheduled for Des Moines, Iowa from July 24- August 4, 2025.

After many years, the qualifying and hosting cycle has returned to the National Senior Games being held on odd years, with qualifying taking place on even years.

Visit www.nsga.com for further info including detailed qualifying information.

FEES

Online Registration & Payment Available - visit www.tnseniorolympics.com
or use this form to figure total cost. Mail check or money order with the Registration Form.

Make check payable to the Tennessee Senior Olympics

GOLF REGISTRATION (All-inclusive price includes 36 holes, cart, lunch each day, medals, and other administrative costs. This fee also allows athletes to register for June 21 - September 21 state finals sports if eligible. Registration fee will be waived below for other sports but not other fees such as the team fees etc). **Do NOT pay the registration fee of \$70 seen right below.** **\$165.00** \$ _____

STATE REGISTRATION FEE (Fee covers administrative costs, registration materials, memorabilia item, insurance, medals, equipment, etc.; FEE IS NON-REFUNDABLE).

ENTRY FEE \$70 (NON-REFUNDABLE) **\$70.00** \$ _____

TEAM ATHLETE FEE – All team athletes (basketball, softball & volleyball) are required to pay a fee to help with referee expenses. This is a one-time \$5 fee even if the athlete plays more than one team sport. **\$5.00** \$ _____

GOLF SCRAMBLE FEE (separate fee) **\$80.00** \$ _____

TRACK/FIELD, 1 MILE RUN, 5K/10K ROAD RACES FEE – Athletes are required to pay a one-time fee to offset timing expenses and cost of officials. **\$5.00** \$ _____

CYCLING FEE– Fee to offset timing, cycling staff, and equipment costs **\$15.00** \$ _____

PARTY – Hall of Fame Ceremony Monday, June 24 at 6pm in Franklin, TN **\$15.00** \$ _____

GUEST \$15.00 PER PERSON \$ _____

EXTRA EVENT FEE – First ten (10) events are included in Entry Fee. A \$5 fee _____ **X \$5.00** \$ _____
is added for each event that is entered over the initial 10.

FACILITY & TOURNAMENT FEES

Bowling singles **\$8.50** \$ _____

Bowling doubles **\$8.50** \$ _____

Bowling mixed doubles **\$8.50** \$ _____

FIT FOR LIFE PROGRAM – for donations received by 9/1

Level 1 – Recognition in program and on website **\$25.00** \$ _____

Level 2 – Level 1 plus extra T-shirt **\$50.00** \$ _____

Level 3 – Level 2 plus TSO Memorabilia Item **\$100.00+** \$ _____

Donation Only – I do not want to receive the above items. \$ _____

Please make the above donation in honor of or in memory of the following person:

_____ In Honor/In Memory (please circle)

I am aware the Entry Fee is
Non-Refundable (please check)

FINAL CHECKLIST

I completed the information on the Tennessee Senior Olympics Official Entry Form and Event Registration Form.

Signed the Liability Waiver.

I completed the Fee Form and included a check or money order for the total amount payable to:

Tennessee Senior Olympics.

I am including the above pages (3) to be mailed back.

TOTAL AMOUNT ENCLOSED \$ _____



Questions?

Contact us at
info@tnseniorolympics.com or
(615) 200-8760

Mail **all** forms to this address
Tennessee Senior Olympics, Inc.
PO Box 681
Mt. Juliet TN 37121

STATE FINALS EVENT SCHEDULE

Subject to Change



Tuesday, June 18

Golf Scramble 8am Shotgun Henry Horton Golf Course

Wednesday June 19 and Thursday, June 20, 2024

Golf Tee Times TBD Henry Horton Golf Course

Friday, June 21, 2024

Athlete Check-in 1:30-6:00 p.m. Franklin High School

Field Event Rotation 3-8:00 p.m. Franklin High School
(High jump, Long jump, Triple jump, Pole vault)

3x3 Basketball Men 50/55/60 (if needed)

Softball TBD Fieldstone Farms Softball Complex

Saturday, June 22, 2024

Athlete Check-in 7:15 a.m. – 5:00 p.m. Franklin High School

Track and Field 8:00 a.m. Franklin High School
(1500M Run, followed by 400M Run)

Volleyball Women 9:00 a.m. Academy Park

3x3 Basketball 9:00 a.m. Franklin High School
Men 50/55/60

Basketball Skill Events TBD Franklin High School
All men 50-64 (Free throw, hot shot, 3 point)

Field Event Rotation 11 a.m. Franklin High School
(Shot put, Discus, Javelin)

Softball Throw 11-2:00 p.m. Franklin High School

Archery Practice 4:00-6:00 p.m. Williamson County Soccer Complex

Track and Field 5:00 p.m. Franklin High School
(100M Run, Followed by 4x100M Relay**)

Softball TBD Fieldstone Farms Softball Complex

Sunday, June 23, 2024

Athlete Check-in 7:15 a.m.–5 p.m. Franklin High School

Track and Field 8:00 a.m. Franklin High School
(50M Run followed by 800M Run, followed by powerwalk, followed by Racewalk, followed by 200M Run)

Archery 9:00 a.m. Williamson County Soccer Complex

Basketball 3x3 TBD Franklin High School
Men 50+/55+/60+

Volleyball Women (if needed); Men 9:00 a.m. Academy Park

Basketball Skill Events Men 65+/All Women TBD TBD
(Free throw, 3-point, Hot Shot)

Bowling Practice 11 a.m.-6 p.m. Franklin Entertainment Center

3x3Basketball TBD Franklin High School
Men 65+/70+/75+/80/All Women

Tennis 12:00 p.m. Indoor Sports Complex

Monday, June 24, 2024

Athlete Check-in 7:15 a.m.–4 p.m. Franklin High School

Tennis 8:00 a.m. Indoor Sports Complex

Bowling 9:00 a.m. Franklin Entertainment Center
(doubles 50-64)

Badminton 9:00 a.m. Franklin Recreation Complex
(Doubles, mixed doubles, singles)

Shuffleboard 8:00 a.m. Academy Park
(Singles, Doubles all ages)

Racquetball 9:00 a.m. Tennis Complex at Maryland Farms

3x3 Basketball Women; Men 65+ 9:00 a.m. Franklin High School

Disc Golf 9:00 a.m. Crockett Park

Table Tennis 9:00 a.m. Academy Park
(singles, doubles, mixed doubles)

Swimming Practice 12:00-3:00 p.m. Indoor Sports Complex

Bowling 12:00 p.m. Franklin Entertainment Center
(mixed 50-64)

Bowling 3:00 p.m. Franklin Entertainment Center
(singles 50-64)

Hall of Fame Ceremony 6:00 p.m. Williamson County Enrichment Center

Tuesday, June 25, 2024

Athlete Check-in 7:15 a.m.-4 p.m. Franklin High School

1 Mile Run/5K Run/5K Walk 6:30 a.m. River Park

Tennis 8:00 a.m. Indoor Sports Complex

Cornhole 8:00 a.m. Academy Park

Swimming 8:30 a.m. Indoor Sports Complex
(warm-ups)

Badminton (if needed) Franklin Recreation Center

Swimming 9:00 a.m. Indoor Sports Complex
(200Y freestyle)

Bowling 9:00 a.m. Franklin Entertainment Center
(singles, 65-74)

Racquetball 9:00 a.m. Tennis Complex at Maryland Farms

*Times listed are general start times. Please check website for more specific information per sport.

STATE FINALS EVENT SCHEDULE

continued

Tuesday, June 25, 2024 (con't)

Swimming	9:30 a.m.	Indoor Sports Complex
(100Y butterfly)		
Swimming	10:00 a.m.	Indoor Sports Complex
(50Y breaststroke)		
Swimming	10:30 a.m.	Indoor Sports Complex
(200Y individual medley)		
Bowling	12:00 p.m.	Franklin Entertainment Center
(singles 75+)		
Swimming	12:00 p.m.	Indoor Sports Complex
(100Y backstroke)		
Swimming	12:30 p.m.	Indoor Sports Complex
(50Y freestyle)		
Swimming	1:00 p.m.	Indoor Sports Complex
(200Y breaststroke)		
Swimming	1:30 p.m.	Indoor Sports Complex
(200Y butterfly followed by 100Y free relay)		
Bowling	3:00 p.m.	Franklin Entertainment Center
(doubles 65-74)		

Wednesday, June 26, 2024

Athlete Check-in	7:15 a.m. - 4 p.m.	Franklin High School
Tennis	8:00 a.m.	Indoor Sports Complex
Cornhole	8:00 a.m.	Academy Park
Swimming	8:30 a.m.	Indoor Sports Complex
(warm up)		
Swimming	9:00 a.m.	Indoor Sports Complex
(200Y backstroke)		
Bowling	9:00 a.m.	Franklin Entertainment Center
(doubles 75+)		
Racquetball (if needed)	9:00 a.m.	Tennis Complex at Maryland Farms
Swimming	9:30 a.m.	Indoor Sports Complex
(100Y freestyle)		
Swimming	10:00 a.m.	Indoor Sports Complex
(50Y butterfly)		
Swimming	10:30 a.m.	Indoor Sports Complex
(100Y breaststroke)		
Swimming	12:00 p.m.	Indoor Sports Complex
(50Y backstroke)		
Bowling	12:00 p.m.	Franklin Entertainment Center
(mixed doubles 65-74)		
Swimming	12:30 p.m.	Indoor Sports Complex
(100Y individual medley)		

Swimming	1:00 p.m.	Indoor Sports Complex
(500Y freestyle)		
Swimming	1:30 p.m.	Indoor Sports Complex
(400Y individual medley followed by 100Y IM relay)		
Bowling	3:00 p.m.	Franklin Entertainment Center
(mixed doubles 75+)		

Thursday, June 27, 2024

Athlete Check-in	10:00 a.m.	Franklin High School
10K Run	6:30 a.m.	River Park
Tennis	8:00 a.m. (if needed)	Indoor Sports Complex

August 7-11, 2024

Pickleball		Chattanooga Convention Center
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Wednesday, August 7

Singles M/W ages 65+ (to start in the afternoon after set-up)

Thursday, August 8

M/W Doubles ages 65+

Friday, August 9

Mixed Doubles Ages 65+

Friday, August 9

Singles M/W Ages 50-64

Saturday, August 10

M/W Doubles Ages 50-64

Sunday, August 11

Mixed Doubles Ages 50-64

Skill divisions:

Division I: 4.5/5.0

Division II: 4.0

Division III: 3.5

Division IV: 3.0

Division V: 2.5

Saturday, September 21, 2024

Cycling 5K/20K/40K (choice of 2) TBD Strawberry Plains, TN

*Times listed are general start times. Please check website for more specific information per sport.

**Swimming relay registration will be at pool, Track 4x100M Relay registration will be at the track.



MAIL ALL FORMS TO THIS ADDRESS

Tennessee Senior Olympics, Inc.
PO Box 681
Mt. Juliet TN 37121

Tennessee Senior Olympics

**Golf: June 18-20, 2024 -
Henry Horton Golf Course**

**State Finals: June 21- 27, 2024
Williamson County
(all sports except cycling and pickleball)**

**Pickleball: August 7-11, 2024
Chattanooga Convention Center**

**Cycling: September 21, 2024
Strawberry Plains, TN**

**Deadlines:
June Events: May 10
Pickleball: July 19
Cycling: Aug 30**



**PLEASE DO NOT MISS IMPORTANT UPDATES!
JOIN OUR E-MAIL LIST AT WWW.TNSENIOROLYMPICS.COM**