

Southwest Tennessee District Senior Olympics Fall 2023

**September 9th-21st
Deadline to Register: August 11th**

PRESENTING SPONSOR



The Southwest District Tennessee Senior Olympics is a special event for seniors 50 and older that combines a wide range of competitive activities. The objectives of the Senior Olympics are to recognize people who have achieved and maintained good health throughout their lives: promote physical fitness and the pursuit of lifetime leisure activities: and provide opportunities for fun, recreation and fellowship.

The following counties are included in the Southwest District: Chester, Decatur, Hardeman, Hardin, Haywood, Henderson, Madison and McNairy.

General Information

Age Categories

The Tennessee Senior Olympics age categories are as follows:

50-54	55-59	60-64	65-69	70-74
75-79	80-84	85-89	90-94	95+

Participants will qualify for age divisions according to their age as of December 31, 2024. In doubles events and in team competition, teams will compete in the division determined by the age of the youngest team member.

Registration and Fees

Participants may enter an unlimited number of events. If you are unable to participate in the Southwest District, please visit our website, www.tnseniorolympics.com, to find information on other districts.

All participants are required to pay a one-time entry fee of \$25.00. Below are additional event-related fees. All fees must be submitted with the registration form and be postmarked by August 11, 2023.

After August 11th, add a \$10.00 late fee.

No refunds after August 25, 2023.

Bowling	\$8.00 for each three game set
Golf	\$30.00

All participants must live within 30 miles of the Tennessee state line and be pre-registered to participate.

Team captains are responsible for submitting team entry forms and team rosters by August 11th. A roster is included in this document. Entry forms and fees must be mailed to the address on the back of this booklet.

Participants must mail the completed entry form and all fees to:

Linda Kauffman
SW TN District Senior Olympics
175 Bolivar Hwy
Jackson, TN 38301

Please make checks payable to:

SW TN District Senior Olympics

Inclement Weather

The Tennessee Senior Olympics reserves the right to cancel or postpone events in case of inclement weather or other extenuating circumstances. Any schedule changes will be available by calling Heath Harpole/ Marc Mingleddorff/ Dexter Walker @ 731-425-8378. If you are unable to reach anyone, please check Event Schedule for rain dates.

Rules and Equipment

All events will be conducted in accordance with the 2023 Tennessee Senior Olympics Official Rules Manual. A copy of the manual is provided to each District Coordinator. The complete rules manual is also available on our website, www.tnseniorolympics.com. A copy of the rules for each event will be available at each event site.

Equipment for each event will be provided by the Southwest Tennessee District Senior Olympics unless stated in the rules of each event. Participants are advised to consult the Official Rules Manual concerning equipment for their specific event (s).

Awards

Medals will be presented for first, second, and third place finalists in each age/sex category. The awards will be presented at the conclusion of each event. No medals will be mailed out.

Presented by:



Supporting by



Event Schedule

Saturday, Sept. 9th	Archery
Sunday, Sept. 10th 10:00 AM	Archery SW Archery Ass. Range, Finger, TN
Monday, Sept. 11th 8:00 AM 4:00 PM	Golf (Raindate: Sept. 18th) Woodland Hills Country Club Pickleball, Doubles, Singles Conger Park, Jackson, TN
Tuesday, Sept. 12th 4:00 PM	Pickleball Singles, Doubles Conger Park
Wednesday, Sept. 13th 8:00 AM 9:00 AM	Fitness/Power Walk Badminton Singles, Doubles, Mixed doubles Horseshoes South Jackson Community Center
Thursday, Sept. 14th 4:00 PM	Pickleball, Mixed Doubles Conger Park
Friday, Sept. 15th 9:00 AM	Cornhole Singles, Doubles, Mixed doubles South Jackson Community Center
Monday, Sept. 18th 9:00 AM	Table Tennis South Jackson Community Center
Tuesday, Sept. 19th 8:00 AM 9:00 AM	Free Throws Malesus Baptist Church Gym Shuffleboard, Singles South Jackson Community Center
Wednesday, Sept. 20th 8:00 AM	Shuffleboard, Doubles South Jackson Community Center
Thursday, Sept. 21st 9:00 AM	Bowling, Singles, Doubles Mixed Doubles Savannah Bowling Center

*Ladies 3-on-3 Basketball team
will qualify at the
Barbara Hill Memorial Tournament
Date: TBA (Oct)
Men's basketball qualifying date TBA.*

Note:

Track and field, swimming, volleyball, tennis, 5K & 10K road races, cycling, pole vault, triple jump, and racquetball are open events at the Tennessee State Senior Olympics.

Check-in for Events

Unless notified by mail or phone, check-in for events will be at the starting time listed on the schedule of events. If you are not present at game time (even an exhibition game), you will be scratched. Game Time is Forfeit Time.

Health

The Tennessee Senior Olympics strongly recommends that each participant consult his/her doctor in regards to practice, preparation, and competition in these events or any similar physical activity.

Event Sites

Savannah Bowling Center
Address: 320 Malcomb St, Savannah, TN
Phone: (731) 925-7177

Conger Park
Address: 1453 N. Highland Ave
Jackson, TN 38301

South Jackson Community Center
Address: 412 Bolivar Highway, Jackson
Phone: (731) 425-8614

Woodland Hills Golf & Country Club
Address: 3500 Highway 45 South, Pinson
Phone: (731) 988-5311

NEXT SUMMER'S STATE FINALS

IMPORTANT INFORMATION! PLEASE READ!

Information and exact dates for the 2024 Tennessee Senior Olympics State Finals will be posted at www.tnseniorolympics.com by early 2024.

To be eligible for the 2024 state finals, athletes must participate in a fall 2023 district event in most sports.

District participants will participate and qualify in age divisions that match the state finals age determination. Age at the district will be determined by the athlete's age as of December 31 of the next calendar year. Athletes must be 50 years old by December 31, 2024 to compete in the 2024 state finals.

For example, for the 2023 districts, age will be determined as of December 31, 2024. For the 2024 state finals, age will be determined as of December 31, 2024. This is to ensure that athletes are practicing and playing in the age group that they will be placed in at the summer 2024 state finals. For example, an individual who turns 50 on April 1, 2024 will play in the 50-54 division in the fall 2023 districts although he or she is 49. Athletes must be 50 years old by December 31 of 2024 year to compete in the 2024 state finals.

Open sports that do not require district qualification include archery, cornhole, cycling (5K and 20K), disc golf, the 5K and 10K road races, 5K Walk, racquetball, triple jump, pole vault, and the powerwalk. Sports not offered at your home district are also considered open. This list is subject to change by our board of directors. Notification of changes will be via e-mail.

Registration for the state finals will open in March 2024.

Details will be e-mailed to all district participants.

Visit www.tnseniorolympics.com for more information about the state finals.

NATIONALS

2025 Nationals The next qualifying cycle will begin with the 2023 fall districts leading to the 2024 state finals. This offers an opportunity to advance to the 2025 Nationals. Location to be determined.

For more information about Nationals, please visit www.nsga.com

Both sides of this Entry Form must be completed fully to successfully register

Entry Form

**PLEASE MARK
YOUR SIZE!**

T-Shirt Size
(fill in appropriate box)

M L XL
XXL XXXL

General Information (please print)

Last Name First Name Initial

Street Address (Include Apartment Number)

City State Zip Code

County Date of Birth Age Male Female
month day year as of 12/31/2024

Phone Number E-mail Address

Events –(Note: Open events at the State level include: 5K and 10K Runs, Archery, Cycling, tennis, swimming, track, field events, 5K walk, triple jump, pole vault and Racquetball)

- Archery (Select one)
 - Recurve (with sights)
 - Barebow recurve (no sights)
 - Compound fingers (with sights)
 - Barebow compund (no sights)
 - Compound release
- Badminton (singles)
- Badminton (doubles)
Partner's Name _____ Age _____
- Badminton (mixed doubles)
Partner's Name _____ Age _____
- Basketball Skills
 - Free Throw 3 point Hot shot
- Basketball (3-on-3)
Team Name _____
Captain* _____
- Bowling (singles)
- Bowling (doubles)
Partner's Name _____ Age _____
- Bowling (mixed doubles)
Partner's Name _____ Age _____
- Cornhole (singles)
- Cornhole (doubles)
Partner's Name _____ Age _____
- Cornhole (mixed doubles)
Partner's Names _____ Age _____
- Golf
- Horseshoes
- Pickleball (singles)
- Pickleball (doubles)
Partner's Name _____ Age _____
- Pickleball (mixed doubles)
Partner's Name _____ Age _____
- Shuffleboard (singles)
- Shuffleboard (doubles-may be mixed)
Partner's Name _____ Age _____
- Softball Throw
- Table Tennis (singles)
- Table Tennis (doubles)
Partner's Name _____ Age _____
- Table Tennis (mixed doubles)
Partner's Name _____ Age _____
- Power Walk



Health Information

Do you have specific health conditions or problems that would need to be known in case you need emergency treatment?

- No
- Yes _____

Family Doctor _____

Phone () _____

Emergency Contact _____

Relation _____

Phone () _____

Recruitment

Are you a first-time Senior Olympics athlete?

- No
- Yes, but I wasn't recruited by a returning athlete
- Yes, and I was recruited by a returning athlete and their name is _____

Liability Waiver

I, the undersigned, understand and expressly assume the dangers of the District Senior Olympics competition(s) I have entered. I hereby agree to indemnify, save and hold harmless Tennessee Senior Olympics, Southwest District Tennessee Senior Olympics, BlueCross BlueShield of Tennessee, City of Jackson Recreation and Parks Department, Woodland Hills Golf & Country Club, First United Methodist Church, University School of Jackson, Malesus Baptist Church, Savannah Bowling Center, Southwest Archers and any other sponsoring agencies or their respective agents, representatives, successors or assignees for my health, safety, loss of property or injury resulting from my participation in the Southwest District Tennessee Senior Olympics and planned special events. To the best of my knowledge, I have no physical restrictions which would prohibit my competing in the event(s) I have selected. Senior Olympics has my permission to have emergency medical personnel attend me during my participation in the Senior Olympics if it is deemed necessary.

I, the undersigned, grant Senior Olympics and its sponsors the right to use any still or motion pictures taken of me during the 2023 District Senior Olympics without remuneration.

Signature _____ Date _____

Entry and Event Fees

Registration Fee \$ 30.00
Add \$10 after August 11, 2023 \$ _____

I am participating in a bowling event
_____ x \$8.00 \$ _____
number of three game sets entered

I am participating in golf + \$30.00 \$ _____

Donation \$ _____

TOTAL AMOUNT ENCLOSED \$ _____

Make checks payable to "SW TN District Senior Olympics."

**Late Fee: After August 11th ADD \$10
NO REFUNDS after August 25, 2023**

This form must be completed and postmarked or hand-delivered to the South Jackson Community Center along with all fees by August 11, 2023 in order to participate.

**Mail forms to: SW TN District Senior Olympics
175 Bolivar Hwy, Jackson, TN 38301**

Please include your team and/or partner's name when registering for doubles and team events. Partners must also submit a registration form. You may not enter an event after the deadline.

Final Checklist

- I completed the Official Entry Form and the Event Registration Form.
- I completed the Health Information Form and signed the Liability Waiver.
- I completed the **Entry Form** in full and included a check or money order for the total amount payable to Southwest District Tennessee Senior Olympics and will submit all forms before August 11, 2023. I understand I may not enter any event after the deadline.

Contact Information

Heath Harpole 731-425-8373

Email: [hharpole@jacksontn.gov](mailto:harpole@jacksontn.gov)

Marc Mingledorff 731-425-8376

Email: mmingledorff@jacksontn.gov

Dexter Walker 731-425-8378

Email: dwalker@jacksontn.gov

Presented by:



Supported by:



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