

# 2017

## TENNESSEE SENIOR OLYMPICS



# SOUTHEAST DISTRICT



[www.tnseniorolympics.com](http://www.tnseniorolympics.com)

Presented by:



of Tennessee

Sept 19 - Oct 2  
Entry Deadline:  
August 18, 2017

The Tennessee Senior Olympics is a sports competition for athletes ages 50 and older that combines a wide range of competitive activities. The mission of the Senior Olympics is to promote healthy lifestyles for seniors through fitness and sports while providing opportunities for fun, recreation and fellowship.

The following counties are included in the Southeast district: Bledsoe, Bradley, Loudon, McMinn, Meigs, Monroe, Polk and Rhea.

# General Information

## District Information

The Tennessee Senior Olympics hosts ten district events across the state of Tennessee. It is necessary to participate in a district event to advance to the state finals. This does not apply to “open” sports offered at the state finals. Athletes are encouraged to participate in their home district (determined by county of residence). If unable to do so, one may choose from any district.

Teams and individuals may participate in as many districts as desired. Registration and payment are required for each district. Out-of-district composition for team sports remains the same.

For further information about all district dates and deadlines please visit [www.tnseniorolympics.com](http://www.tnseniorolympics.com) or call (615) 200-8760.

## Age Categories

The Tennessee Senior Olympics age categories are as follows:  
50-54    55-59    60-64    65-69    70-74  
75-79    80-84    85-89    90-94    95+

Participants will qualify for age divisions according to their age as of December 31, 2018. In doubles events and in team competition teams will compete in the division determined by the age of the youngest team member.

## Registration

Participants may enter an unlimited number of events, but should not register for events that will overlap in time. Your registration fee only covers the first ten events you enter. An event includes any activity (i.e. the 100M, 200M and 400M Runs are considered three events). For every event over ten there is a \$3.00 fee. Fees are non-refundable after August 28, 2017. Before August 28 a \$10.00 handling fee will be charged for **ALL** refunds.

Please make sure your partner’s name and age are correct. Participants in doubles or mixed doubles events must provide their own partner. Team captains are responsible for submitting all applications and a roster for their team.

**All registrations must be postmarked by August 18, 2017.**

Upon receipt of registration athletes will receive a confirmation letter. If you provide an email address the confirmation will be emailed, otherwise it will be mailed. Please make sure all the information is correct on your confirmation letter.

For questions or corrections please contact Kathy Dill at (423) 744-5756.

Presented by



Corporate Sponsors



## Check-In For Events

Unless notified by mail or phone, check-in for events will be at the starting time listed on the schedule of events. If an athlete is not present at game time (even exhibition), he or she will be scratched even if participating at another Senior Olympics event. Game time is forfeit time.

# Event Schedule

## Tuesday, September 19th

### *Rock Springs Golf Course*

*Golf* Tee times are 9 a.m., 11 a.m., 1 p.m. and 2 p.m.  
Call Tom Blandford at (423) 887-2287 to schedule.

## Thursday, September 21st

### *Classic Lanes*

6:00 p.m. Bowling, Mixed Doubles (50-64)

## Friday, September 22nd

### *McMinn Senior Activity Center*

9:00 a.m. Opening Ceremony/Torch Presentation  
9:30 a.m. Continental Breakfast  
Shuffleboard Singles, Women  
(see athletes newsletter for specific times)  
Horseshoes, Men  
(see athletes newsletter for specific times)

1–3:00 p.m. Ice Cream Social

### *Athens YMCA*

3:00 p.m. Racquetball Mixed Doubles  
3:45 p.m. Racquetball Singles & Doubles, Women  
4:30 p.m. Racquetball Singles & Doubles, Men

### *Classic Lanes*

6:00 p.m. Bowling Singles, Men & Women (50-64)

## Saturday, September 23rd

### *Athens Regional Park*

8:00 a.m. 5K Run

## Monday, September 25th

### *Athens YMCA*

9:00 a.m. Basketball Free Throw Warm-Up, Men (65+)  
9:15 a.m. Basketball Free Throw, Men (65+)  
10:00 a.m. Basketball Free Throw Warm-Up, Women (65+)  
10:15 a.m. Basketball Free Throw, Women (65+)  
11:00 a.m. Hot Shot & 3 Point Contest (65+)

### *Lee University – DeVos Recreation Center*

4:00 p.m. Table Tennis, Singles  
4:30 p.m. Table Tennis, Doubles and Mixed Doubles

## Monday, September 25th (continued)

6:00 p.m. Basketball Free Throw (50-64)  
6:00 p.m. Hot Shot & 3-point Contest (50-64)  
7:00 p.m. Basketball 3 on 3, Women and Men

## Tuesday, September 26th

### *McMinn Senior Activity Center*

10:30 a.m. Checker Tournament\*  
12:30 p.m. Bridge Tournament (Duplicates)\*

### *Classic Lanes*

1:00 p.m. Bowling Singles, Men & Women (65+)

### *Lee University – DeVos Recreation Center*

6:00 p.m. Volleyball, Women  
7:00 p.m. Volleyball, Men

## Wednesday, September 27th

8:00 a.m. Track & Field, 50M  
8:30 a.m. Track & Field, 100M  
9:00 a.m. Track & Field, 200M  
9:30 a.m. Track & Field, 400M  
10:00 a.m. Track & Field, 1500M Racewalk  
10:00 a.m. Track & Field, High Jump  
10:15 a.m. Track & Field, Long Jump  
10:00 a.m. Softball Throw  
11:00 a.m. Track & Field, 800M  
11:30 a.m. Track & Field, 1500M Run  
12:00 p.m. Powerwalk  
12:30 p.m. Snacks (Track & Field Athletes Only)  
1:30 p.m. Track & Field Javelin, Shot Put, Discus  
(see Athletes Newsletter for specific times)

### *McMinn Senior Activity Center*

12:30 p.m. Bridge Tournament (Party/Rubber)\*

\* Not a Senior Olympics Sanctioned Event

## Thursday, September 28th

### *Athens YMCA*

9:00 a.m. Swimming (all events)

### *Cleveland YMCA*

9:00 a.m. Pickleball Singles (65+)  
10:00 a.m. Pickleball Singles (60-64)  
11:00 a.m. Pickleball Singles (50-59)

### *McMinn Senior Activity Center*

9:30 a.m. Billiards Tournament, Men\*  
12:30 p.m. Rook Tournament\*  
1:00 p.m. Billiards Tournament, Women\*

### *Classic Lanes*

1:00 p.m. Bowling Doubles (65+)

### *Lee University – DeVos Recreation Center*

3:30 p.m. Badminton Singles, Doubles, Mixed Doubles

### *Classic Lanes*

6:00 p.m. Bowling Doubles (50-64)

## Friday, September 29th

### *McMinn Senior Activity Center*

Shuffleboard Doubles (see Athletes Newsletter for specific times)

### *Cleveland YMCA*

9:00 a.m. Pickleball Doubles (65+)  
10:00 a.m. Pickleball Doubles (60-64)  
11:00 a.m. Pickleball Doubles (50-59)  
12:00 p.m. Pickleball Mixed Doubles (65+)  
1:30 p.m. Pickleball Mixed Doubles (60-64)  
2:30 p.m. Pickleball Mixed Doubles (50-59)

### *Ingleside Tennis Complex*

1:00 p.m. Tennis Singles

### *Classic Lanes*

6:00 p.m. Bowling Mixed Doubles (65+)

## Saturday, September 30th

### *McMinn Senior Activity Center*

Horseshoes, Women  
(see Athletes Newsletter for specific times)  
Shuffleboard Singles, Men  
(see Athletes Newsletter for specific times)

## Saturday, September 30th (continued)

### *Ingleside Tennis Complex*

9:00 a.m. Tennis Doubles, Mixed Doubles

## Monday, October 2nd

### *McMinn Senior Activity Center*

7:00 p.m. Closing Celebration/Dance  
(finger foods will be served)

**NOTE: PARTICIPANTS PLAYING DOUBLES OR MIXED DOUBLES MUST PROVIDE THEIR OWN PARTNER. THE PARTNER MUST ALSO SUBMIT A REGISTRATION FORM.**

## Health

The Tennessee Senior Olympics strongly recommends that each participant consult his/her doctor in regards to practice, preparation and competition in these events or any similar physical activity.

## Awards

Medals will be presented for first, second and third place finalists in each age/sex category. If an athlete is the only individual in their age group, they must play an exhibition match to qualify for state finals and receive a medal. All participants are eligible to advance to State Finals.

## Inclement Weather

The Tennessee Senior Olympics reserves the right to cancel or postpone events in case of inclement weather or other extenuating circumstances. You will be notified of any schedule changes by phone.

Rain dates are as follows:

Golf – Tuesday, September 26, 2017

Track – Monday, October 2, 2017

## Rules And Rule Changes

The complete rules manual is available on our website, [www.tnseniorolympics.com](http://www.tnseniorolympics.com). A copy of the rules for each event will be available at each event site.

Both sides of this Entry Form must be completed fully to successfully register

# Entry Form

General Information (please print)

\*Team Captains must submit all entry forms and team roster(s) by Aug. 18th. No exceptions!

Last Name

First Name

Initial

Street Address (Include Apartment Number)

City

State

Zip Code

County

Date of Birth

Age

Male

Female

Phone Number

Cell #

Do you text?

E-mail Address

T-Shirt Size  
(fill in appropriate box)

S  M  L

XL  XXL  XXXL

- Badminton (singles)
- Badminton (doubles)  
Partner's Name \_\_\_\_\_ Age \_\_\_\_\_
- Badminton (mixed doubles)  
Partner's Name \_\_\_\_\_ Age \_\_\_\_\_
- Basketball Free Throw
- Basketball Hot Shot
- Basketball 3 pt contest
- Basketball (3-on-3) Captain\* \_\_\_\_\_  
Team Name \_\_\_\_\_
- Billiards
- Bowling (singles)
- Bowling (doubles)  
Partner's Name \_\_\_\_\_ Age \_\_\_\_\_
- Bowling (mixed doubles)  
Partner's Name \_\_\_\_\_ Age \_\_\_\_\_
- Bridge (duplicate) Partner's Name \_\_\_\_\_
- Bridge (party) Partner's Name \_\_\_\_\_
- Checkers
- Golf (18 holes)
- Horseshoes
- Pickleball (singles)
- Pickleball (doubles)  
Partner's Name \_\_\_\_\_ Age \_\_\_\_\_
- Pickleball (mixed doubles)  
Partner's Name \_\_\_\_\_ Age \_\_\_\_\_
- Racquetball (singles)
- Racquetball (doubles)  
Partner's Name \_\_\_\_\_ Age \_\_\_\_\_
- Racquetball (mixed doubles)  
Partner's Name \_\_\_\_\_ Age \_\_\_\_\_

- Rook Partner's Name \_\_\_\_\_
- Shuffleboard (singles)
- Shuffleboard (doubles-may be mixed)  
Partner's Name \_\_\_\_\_ Age \_\_\_\_\_
- Softball Throw
- Swimming (indicate each event - select only 6 events)
  - Backstroke  50M  100M  200M
  - Breaststroke  50M  100M  200M
  - Butterfly  50M  100M
  - Freestyle  50M  100M  200M  400M
  - Individual Medley (4 strokes) -  100M  200M
- Table Tennis (singles)
- Table Tennis (doubles)  
Partner's Name \_\_\_\_\_ Age \_\_\_\_\_
- Table Tennis (mixed doubles)  
Partner's Name \_\_\_\_\_ Age \_\_\_\_\_
- Tennis (singles) (Select only 2 Tennis events)
- Tennis (doubles) (Select only 2 Tennis events)  
Partner's Name \_\_\_\_\_ Age \_\_\_\_\_
- Tennis (mixed doubles) (Select only 2 Tennis events)  
Partner's Name \_\_\_\_\_ Age \_\_\_\_\_
- Track Events (indicate each event)
  - Run/Walk  50M  100M  200M  400M
  - 800M Run  1500M Run  5K
  - 1500M Racewalk  Power Walk
- Field Events (indicate each event)
  - Long Jump  Javelin  Shot Put  Discus
  - High Jump
- Volleyball Team Captain\* \_\_\_\_\_  
Team Name \_\_\_\_\_

**Health Information**

Do you have specific health conditions or problems that would need to be known in case you need emergency treatment?

- No
 Yes

Family Doctor
Phone ( )

Emergency Contact
Home Phone ( )
Cell Phones ( )

Is this your first year of competition?
Recruited by

**Transportation**

SETHRA may be able to transport athletes on weekdays (Monday - Friday.) In order to arrange for transportation, please contact the County Coordinator in your county at least two weeks in advance.

**Liability Waiver**

I, the undersigned, understand and expressly assume the dangers of the District Senior Olympics competition(s) I have entered. I hereby agree to indemnify, save and hold harmless Tennessee Senior Olympics, Southeast District Tennessee Senior Olympics, BlueCross BlueShield of Tennessee, McMinn County Senior Citizens, Inc., Classic Lanes, SETHRA, Lee University, Southeast TN Area Agency on Aging & Disability, Athens/McMinn Family YMCA, Cleveland YMCA, Athens Federal Community Bank, Life Care Center of Athens, DeVos Student Recreation Center, Rock Springs Golf Course, Walgreens, Ingleside School, McMinn County High School, Athens Insurance, Athens Place, Resolute Forest Products, Dominion Senior Living, Etowah Gentle Dental, Memorial Convenient Care, Volunteer Federal and any other sponsoring agencies or their respective agents, representatives, successors or assignees for my health, safety, loss of property or injury resulting from my participation in the Southeast District Tennessee Senior Olympics and planned special events. To The best of my knowledge, I have no physical restrictions which would prohibit my competing in the event(s) I have selected. Senior Olympics has my permission to have emergency medical personnel attend me during my participation in the Senior Olympics if it is deemed necessary.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Entry and Event Fees**

- Registration Fee \$30.00 \$ .00
I am participating in Golf \$20.00 \$ .00
I am participating in Bowling
x \$3.25 = \$ .00
number of events
Extra Event Fee
x \$3.00 \$ .00
number of extra events (first 10 events are included in the registration fee. A \$3.00 fee is added for each event over the initial ten)

All Fees are non-refundable after August 28th
ALL refunds charged \$10.00 handling fee

- I will attend the Continental Breakfast
I will attend the Ice Cream Social
I will attend the Closing Celebration/Dance
x \$3.00 per person= \$ .00
Donation \$ .00
(pays entry fee for low income persons and helps with other costs of the Senior Olympics)

TOTAL AMOUNT ENCLOSED \$ .00

Make checks payable to
Southeast District Tennessee Senior Olympics
Mail all forms and fees to
Southeast District Tennessee Senior Olympics
205 McMinn Avenue
Athens, TN 37303

This form must be completed and postmarked by August 18, 2017 in order to participate.
Team Captains must submit all entry forms and team roster(s).

Forms may be mailed to: Southeast District Tennessee Senior Olympics, 205 McMinn Ave., Athens, TN 37303
Please include your team and/or partner's name when registering for doubles and team events.
Partners must, also, submit a registration form. You may not enter an event after the deadline.

## Event Sites

Athens/McMinn Family YMCA  
Address: 205 Knoxville Ave., Athens  
Phone: (423) 745-4904

Classic Lanes  
1001 S. Congress Parkway, Athens  
Phone: (423) 745-1532

DeVos Student Recreation Center  
Address: 1305 Parker Street NE, Cleveland  
Phone: (423) 614-8450

Lee University  
Address: 1120 North Ocoee Street, Cleveland  
Phone: (423) 614-8450

McMinn Senior Activity Center  
Address: 205 McMinn Avenue, Athens  
Phone: (423) 745-6830

Rock Springs Golf Course  
1118 N. Congress Parkway, Athens  
Phone: (423) 453-5455

McMinn County High School  
Address: 2215 Hwy 11, S, Athens  
Phone: (423) 745-4172

Ingleside School (tennis courts)  
200 Guille Street, Athens  
Phone: (423) 745-3671

Cleveland YMCA  
Address: 220 Urbane Rd, NE, Cleveland,  
Phone: 423-476-5573

## National Senior Games Information

The next National Senior Games is scheduled for 2019 in Albuquerque, New Mexico. Qualification for this event will occur at the 2018 Tennessee Senior Olympics State Finals.

For more information please visit [www.nsga.com](http://www.nsga.com).

## Next Summer's State Finals Important Information: Please Read

The Tennessee Senior Olympics State Finals are scheduled for June 2018 in Williamson County, TN. The exact dates will be posted at [www.tnseniorolympics.com](http://www.tnseniorolympics.com) by the end of the year. This is a qualifying year for the 2019 Nationals.

**To be eligible for the 2018 state finals, athletes must participate in a fall 2017 district event.**

**District participants will participate and qualify in age divisions that match the state finals age determination. Age at the district will be determined by the athlete's age as of December 31 of the next calendar year.**

**Athletes must be 50 years old by December 31 of 2018 to compete in the 2018 state finals.**

Open sports that do not require district qualification include archery, cycling, the 5K and 10K road race, racquetball and the power and fitness walk. Sports not offered at your home district are also considered open. **This list is subject to change by our board of directors. Notification of changes will be via e-mail.**

Registration for the state finals will open in early March 2018. Details will be e-mailed to all district participants.

Visit [www.tnseniorolympics.com](http://www.tnseniorolympics.com) for more information about the state finals.

**Tennessee Senior Olympics  
District Dates  
Fall 2017**

<b>District</b>	<b>2017 Dates</b>	<b>Contact Name</b>	<b>Phone Number</b>	<b>Email Address</b>
Chattanooga	October 14 – 31 Pickleball February 2018	Kelly Price	(423) 240-1508	kellyelaineprice@hotmail.com
East TN	October 13 – 18	Melissa Ward	(865) 436-4990	melissaw@gatlinburgtn.gov
First TN	TBA Golf Sept 6, Track and Field Sept 9	Teresa Sutphin	(423) 722-5120	tsutphin@ftaad.org
Greater Nashville	September 19 – 30 Track September 30 Golf September 19	Traci Meador	(615) 200-8760	gnseniorolympics@comcast.net
Memphis	September 15 – 29	Lori Fageol	(901) 383-9101	lori.fageol@memphistn.gov
Northwest	September 25–October 20	Julie Jones	(731) 587-4213	julie.jones@nwtd.org
South Central	August 21 – 25	Pam Kemp	(931) 762-4231	pkemp@lawrenceburgtn.gov
Southeast	September 19–October 2	Tina South	(423) 745-6830	mcminnsenior@comcast.net
Southwest	August 25 – October 10	Linda Kauffman	(731) 425-8614	southjacksoncenter@cityofjackson.net
Upper Cumberland	TBA	Angela Shadden	(931) 484-7416	fpsctn@yahoo.com

Dates are subject to change without notice, please check [www.tnseniorolympics.com](http://www.tnseniorolympics.com) for a complete list of counties and to download entry forms.



Southeast District  
Tennessee Senior Olympics  
205 McMinn Avenue  
Athens, TN 37303