



We especially welcome those of you who are brand new. Somehow the 50+ years have arrived sooner than expected, but as thousands of our current participants will tell you, “never stop playing”! Come join us and feel younger, stronger, in better shape, and experience the true joy of competing against those in your own age group.

Brand new people to our system may register directly for the state finals. District waiver fee is not required in 2019.

IMPORTANT FOR ALL OTHERS! Are you eligible? Please read below:

If the answer is YES to these questions, please proceed to registration by clicking the link at the bottom.

1. Are you a TN resident or live within 30 miles of the state line?
If yes, please continue to question 2. If no, you are NOT eligible.

Most sports require participation in a 2018 fall or winter 2019 TN district.

2. Did you participate in one of the ten TN districts this past fall or in pickleball in February 2019 at Chattanooga?

If the answer is NO, can you answer YES to one of the following questions?

- a. I will be registering for an **open sport** that does not require district participation. Open sports for 2019 are:
Archery, Basketball 3x3, Cornhole, Cycling (5K/20K), Disc Golf, Power Walk
Racquetball, Road Races (5K/10K), Pole Vault, Triple Jump, Skeet Shooting. Or ANY sport not offered at your district.
 - b. I am a **brand-new participant to the TN Senior Olympics**. I have never participated in a district or state finals before. You may proceed to registration. For 2019, a district waiver/first participant form and fee has been waived.
 - c. I filed a medical or other hardship with the state office. I have paid my district waiver fee.
 - d. Golf has been opened up to non-district players (check www.tnseniorolympics.com)
If you answered YES to one of the questions above you are eligible to register.
3. I will be registering for the exact sport/event that I participated in at the district.

Please know that in doubles sports, players may enter all three (singles, doubles, and mixed) if one of these events was played at district. In swimming and track extra events are allowed. Please click this link to read the rule:

<http://www.tnseniorolympics.com/rules-regulations>

If you have questions about eligibility, please write info@tnseniorolympics.com or call 615-200-8760.

Eligible? If yes,
Register now at www.tnseniorolympicsonline.com