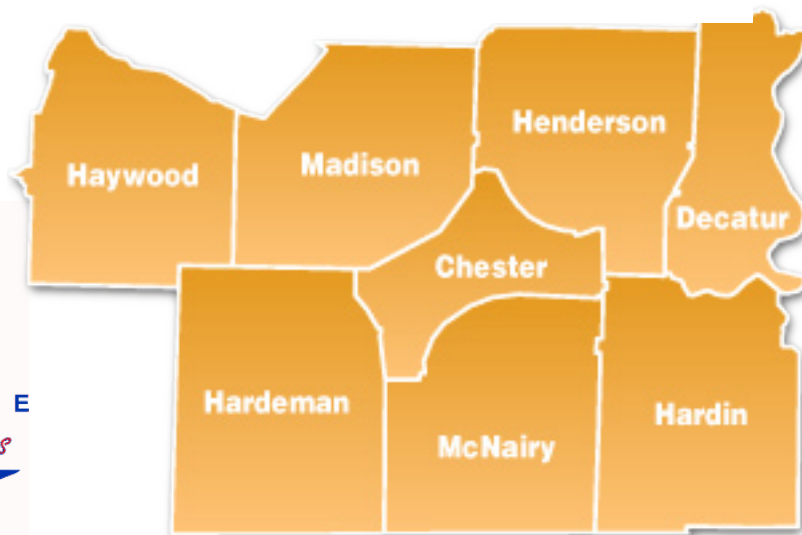


Southwest District

Fall 2017

September 25-October 7

Deadline to Register: September 1



Tennessee Senior Olympics

PRESENTING SPONSOR



City of Jackson
Recreation and Parks Department



The Southwest District Tennessee Senior Olympics is a special event for seniors 50 and older that combines a wide range of competitive activities. The objectives of the Senior Olympics are to recognize people who have achieved and maintained good health throughout their lives: promote physical fitness and the pursuit of lifetime leisure activities: and provide opportunities for fun, recreation and fellowship.

The following counties are included in the Southwest District: Chester, Decatur, Hardeman, Hardin, Haywood, Henderson, Madison and McNairy.

General Information

Age Categories

The Tennessee Senior Olympics age categories are as follows:

50-54	55-59	60-64	65-69	70-74
75-79	80-84	85-89	90-94	95++

Participants will qualify for age divisions according to their age as of December 31, 2018.

In doubles events and in team competition, teams will compete in the division determined by the age of the youngest team member.

Registration and Fees

Participants may enter an unlimited number of events. If you are unable to participate in the Southwest District, please visit our website, www.tnseniorolympics.com, to find information on other districts.

All participants are required to pay a one-time entry fee of \$20.00. Below are additional event-related fees. All fees must be submitted with the registration form and be postmarked by September 1, 2017.

After September 1, add a \$10.00 late fee . No refunds after September 15, 2017.

Bowling	\$ 7.00 for each three game set
Golf	\$25.00

All participants must live within 30 miles of the Tennessee state line and be pre-registered to participate.

Team captains are responsible for submitting team entry forms and team rosters by September 1. A roster is included in this document. Entry forms and fees must be mailed to the address on the back of this booklet.

Participants must mail the completed entry form and all fees to:

Linda Kauffman
SW TN District Senior Olympics
175 Bolivar Hwy
Jackson, TN 38301

Please make checks payable to:

Southwest District Tennessee Senior Olympics

Inclement Weather

The Tennessee Senior Olympics reserves the right to cancel or postpone events in case of inclement weather or other extenuating circumstances. Any schedule changes will be available by calling the South Jackson Community Center at (731) 425-8614. If you are unable to reach anyone at the South Jackson Community Center. Please check Event Schedule for rain dates.

Rules and Equipment

All events will be conducted in accordance with the 2017 Tennessee Senior Olympics Official Rules Manual. A copy of the manual is provided to each District Coordinator. The complete rules manual is also available on our website, www.tnseniorolympics.com. A copy of the rules for each event will be available at each event site.

Equipment for each event will be provided by the Southwest Tennessee District Senior Olympics unless stated in the rules of each event. Participants are advised to consult the Official Rules Manual concerning equipment for their specific event (s).

Awards

Medals will be presented for first, second, and third place finalists in each age/sex category. The awards will be presented at the conclusion of each event. No medals will be mailed out.

Presented by:



Supporting by;

City of Jackson
Recreation and Parks
Department



Event Schedule

Monday, Sept. 25

8:00 a.m.. Golf Woodland Hills Country Club
Raindate: Oct. 2

Tuesday, Sept. 26

Pickleball, singles, doubles, mixed doubles
8:00 a.m. South Jackson Community Center

Table Tennis, singles, doubles, mixed doubles
5:30 p.m. South Jackson Community Center

Wednesday, Sept. 27

Badminton, singles, doubles, mixed doubles
8:00 a.m. South Jackson Community Center

Monday, Oct. 2

Basketball, 3-on-3 Teams
Basketball Free Throw (for basketball players only)
6:00 p.m. First United Methodist Church

Tuesday, Oct. 3

Basketball Free Throw Malesus Baptist Church Gym
Shuffleboard, doubles
8:00 a.m. South Jackson Community Center

Wednesday, Oct. 4

Fitness/Power Walk
7:30 a.m. South Jackson Community Center

Shuffleboard, singles
8:00 a.m. South Jackson Community Center

Horseshoes South Jackson Community Center
1:00 p.m.

Thursday, Oct. 5

Bowling (singles, doubles, mixed doubles)
9:00 a.m. Savannah Bowling Center

Saturday, Oct. 7

Track Events
7:30 a.m. University School of Jackson
Field Events & Softball Throw to follow

CLOSING CEREMONY

Fall Festival Banquet

Thursday, Oct. 19

***6:00 PM South Jackson
Community Center***

***Must register for this event by Oct. 6
by calling 425-8614 and
PAYING FEES IN ADVANCE***

***If you attended the Banquet for Softball & Archery
participants on May 26, you may also attend
this banquet but you must pay \$10.00 each
for you and each guest.***

***COME DRESSED IN YOUR
FAVORITE FALL OUTFITS
OR HALLOWEEN COMSTUME!***

***Recognition of National and State Winners
and Participants!***

Check-in for Events

Unless notified by mail or phone, check-in for events will be at the starting time listed on the schedule of events. If you are not present at game time (even an exhibition game), you will be scratched. Game Time is Forfeit Time.

Health

The Tennessee Senior Olympics strongly recommends that each participant consult his/her doctor in regards to practice, preparation, and competition in these events or any similar physical activity.

Note:

Swimming, volleyball, tennis 5K, 10K, Cycling and Racquetball are open events at the Tennessee Senior Olympics. Local events will not be held.

Event Sites

Savannah Bowling Center

Address: 320 Malcomb St, Savannah, TN
Phone: (731) 925-7177

First United Methodist Church

Address: 200 South Church Street, Jackson
Phone: (731) 422-4002

South Jackson Community Center

Address: 412 Bolivar Highway, Jackson
Phone: (731) 425-8614

University School of Jackson

Address: 232 McClellan Road, Jackson
Phone: Not available at event site. If you have questions,
contact District Coordinator Linda Kauffman at
(731)298-4879 between 7:00 AM-Noon

Woodland Hills Golf & Country Club

Address: 3500 Highway 45 South, Pinson
Phone: (731) 988-5311

Nationals

The next National Senior Games-the Senior Olympics is scheduled for 2019 in Albuquerque, New Mexico. Qualification for this event will occur at the 2018 Tennessee Senior Olympics State Finals.

**For more information please visit:
www.nsga.com.**

Congratulations to all those winning medals and ribbons at the 2017 Nationals in Birmingham, Alabama this June!!

*Tennessee Athletes brought home over
650 medals !*

Senior Olympics State Finals

Dates for the 2018 Tennessee State Senior Olympics will be announced at a later date.

Important Information! Please Read!

This is a qualifying year for the 2019 Nationals.

To be eligible for the 2018 state finals, athletes must participate in a 2017 Fall district event.

District participants will participate and qualify in age divisions that match the state finals age determination. **Age at the district will be determined by the athlete's age as of December 31 of the next calendar year.**

Athletes must be 50 years old by December 31, 2018 to compete in the 2018 state finals.

Open sports that do not require district qualifications include archery, cycling, the 5K and 10K road race, racquetball, and the power and fitness walk. Sports not offered at your home district are also considered open. This list is subject to change by our board of directors. Notification of changes will be via e-mail.

Registration for the state finals will open in early March 2018. Details will be e-mailed to all district participants.

Visit www.tnseniorolympics.com for more information about the state finals.

Both sides of this Entry Form must be completed fully to successfully register

Entry Form

**PLEASE MARK
YOUR SIZE!**

T-Shirt Size
(fill in appropriate box)

M L XL
XXL XXXL

General Information (please print)

Last Name First Name Initial

Street Address (Include Apartment Number)

City State Zip Code

County Date of Birth Age Male Female
month day year as of 12/31/2018

Phone Number E-mail Address

Events –(Note: Open events at the State level include: 5K and 10K Runs, Archery, Cycling)

- Badminton (singles)
- Badminton (doubles)
Partner's Name _____ Age ____
- Badminton (mixed doubles)
Partner's Name _____ Age ____
- Basketball Free Throw
- Basketball (3-on-3)
Team Name _____
Captain* _____
- Bowling (singles)
- Bowling (doubles)
Partner's Name _____ Age ____
- Bowling (mixed doubles)
Partner's Name _____ Age ____
- Golf
- Horseshoes
- Pickleball (singles)
- Pickleball (doubles)
Partner's Name _____ Age ____
- Pickleball (mixed doubles)
Partner's Name _____ Age ____
- Shuffleboard (singles)
- Shuffleboard (doubles-may be mixed)
Partner's Name _____ Age ____

- Softball Throw
- Table Tennis (singles)
- Table Tennis (doubles)
Partner's Name _____ Age ____
- Table Tennis (mixed doubles)
Partner's Name _____ Age ____
- Track Events (indicate each event)
Runs 50M 100M 200M
 400M 800M 1500M Run
- 1500M Racewalk
- Power Walk
- Field Events (indicate each event)
 Long Jump Javelin Shot Put Discus

Note:

Track & Field will only take place if we have at least 15 participants from the Southwest TN District.

Every effort will be made to get athletes from our district to register by September 1, 2017.

University School of Jackson has been gracious enough to allow us to use their facility. Schedules were checked and Oct. 7 was opened for our use.

In the event of rain, events will be cancelled. Refunds will be given to those registering only for track and field, if this event is cancelled by Sept. 15.

Health Information

Do you have specific health conditions or problems that would need to be known in case you need emergency treatment?

- No
- Yes _____

Family Doctor _____
 Phone () _____

Emergency Contact _____
 Relation _____
 Phone () _____

Recruitment

- Are you a first-time Senior Olympics athlete?
- No
 - Yes, but I wasn't recruited by a returning athlete
 - Yes, and I was recruited by a returning athlete and their name is _____

Liability Waiver

I, the undersigned, understand and expressly assume the dangers of the District Senior Olympics competition(s) I have entered. I hereby agree to indemnify, save and hold harmless Tennessee Senior Olympics, Southwest District Tennessee Senior Olympics, BlueCross BlueShield of Tennessee, City of Jackson Recreation and Parks Department, West Tennessee Healthcare, Woodland Hills Golf & Country Club, First United Methodist Church, University School of Jackson, Malesus Baptist Church, Savannah Bowling Center, Southwest Archers and any other sponsoring agencies or their respective agents, representatives, successors or assignees for my health, safety, loss of property or injury resulting from my participation in the Southwest District Tennessee Senior Olympics and planned special events. To the best of my knowledge, I have no physical restrictions which would prohibit my competing in the event(s) I have selected. Senior Olympics has my permission to have emergency medical personnel attend me during my participation in the Senior Olympics if it is deemed necessary.

I, the undersigned, grant Senior Olympics and its sponsors the right to use any still or motion pictures taken of me during the 2017 District Senior Olympics without remuneration.

Signature _____ Date _____

Entry and Event Fees

- Registration Fee \$ 20.00
Add \$10 after September 1, 2017 \$ _____
 - I am participating in a bowling event
_____ x \$7.00 = \$ _____
number of
three game
sets entered
 - I am participating in golf
+ \$25.00 \$ _____
 - I am attending the banquet (Oct. 20) Included
 - I am attending the banquet with guests
_____ x \$10.00 = \$ _____
number
of guests
 - Donation \$ _____
- TOTAL AMOUNT ENCLOSED \$ _____

*Make checks payable to
 "Southwest District Tennessee Senior
 Olympics."*

**Late Fee: After September 1, ADD \$10
 NO REFUNDS after September 15, 2017.**

This form must be completed and postmarked or hand-delivered to the South Jackson Community Center along with all fees by September 1, 2017 in order to participate.

**Mail forms to: SW TN District Senior Olympics
 175 Bolivar Hwy, Jackson, TN 38301**

Please include your team and/or partner's name when registering for doubles and team events. Partners must also submit a registration form. You may not enter an event after the deadline.

Final Checklist

- I completed the Official Entry Form and the Event Registration Form.
- I completed the Health Information Form and signed the Liability Waiver.
- I completed the **Entry Form** in full and included a check or money order for the total amount payable to Southwest District Tennessee Senior Olympics and will submit all forms before September 1, 2017.
- I understand I may not enter any event after the deadline.

Contact Information

Linda Kauffman

Address: Southwest District
Tennessee Senior Olympics
175 Bolivar Hwy
Jackson, TN 38301

Phone: (731) 425-8614

E-Mail: southjacksoncenter@cityofjackson.net

Presented by:



Supported by:

City of Jackson
Recreation and
Parks Department



Southwest District
Tennessee Senior Olympics
175 Bolivar Hwy
Jackson, TN 38301