

Tennessee Senior Olympics



05-2032 (12/05)

**Tennessee Senior
Olympics, Inc.**
www.tnseniorolympics.com



Our mission...
is to promote healthy
lifestyles for seniors through
fitness, sports, and an active
involvement in life.

Overview

Tennessee Senior Olympics, Inc. began in 1981 with a mission to promote healthy lifestyles for seniors through fitness, sports, and an active involvement in life. Our programs contribute to the vision of healthy, active, and vital senior adults.

Each year thousands of senior adults compete in District Olympic events held across Tennessee. Ten district events* are held each fall in the Greater Nashville, Knoxville, Chattanooga, Memphis, Jackson, Johnson City, Crossville, Columbia, Martin and Athens areas.

Participants from the Districts qualify for the Tennessee Senior Olympics State Finals held each summer. The State Finals winners qualify for the National Senior Games – The Senior Olympics held every two years.

The Tennessee Senior Olympics has grown from 300 participants to more than 4,000 seniors participating statewide. The largest state finals event attracted 1,993 athletes for the weeklong sports celebration.

Tennessee Senior Olympics is a member of the National Senior Games Association, one of the largest multi-sport events in the world. We are a 501c3 non-profit organization endorsed by the Tennessee Recreation and Parks Association.

The Senior Olympics program is a fun and challenging event for participants, volunteers, spectators and communities across Tennessee.

Regardless of your level, whether it be highly-competitive or playing just for the fun of it, please join us for the Tennessee Senior Olympics.

Sponsorship Opportunities Available

Presenting Sponsor:



of Tennessee

BlueCross BlueShield of Tennessee, Inc., an Independent Licensee of the BlueCross BlueShield Association
© Registered marks of the BlueCross BlueShield Association, an Association of Independent BlueCross BlueShield Plans

Official Sports

Archery	Racquetball
Badminton	Road Race 10K-5K
Basketball (3 on 3)	Shuffleboard
Basketball Skill events**	Softball
Bowling	Swimming
Cycling	Table Tennis
Field Events	Tennis
Golf	Track Events
Horseshoes	Volleyball
Pickleball	

Goals

- Maintain and improve the health and wellness of Tennessee's senior adults;
- Provide a competitive athletic, recreational and creative experience for senior adults;
- Focus attention on the importance of regular physical exercise in every individual's personal plan of health;
- Provide an opportunity for socialization for senior adults from across the state; and
- Establish a consistent statewide network of District Senior Olympics that culminate in an annual state final.

For More Information

Tennessee Senior Olympics

(615) 200-8760

info@tnseniorolympics.com

www.tnseniorolympics.com

*** For more information on your district event, please check our web site at www.tnseniorolympics.com or call (615) 200-8760.**

****Is not a National Event.**